



## Special Speaker Series

June 4th, 2025

9:30 – 11:30AM

### Building on the Strengths of Young People Who Have Endured Hardships

*presented by*

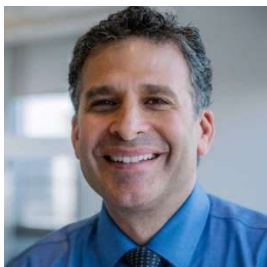
**Dr. Ken Ginsburg**

As young people with I/DD age out of CYS services like foster care and Residential Treatment Facilities, they bring with them some unique challenges. Additionally, many of the adults we already support are experiencing the proven effects of childhood trauma and adverse childhood experiences on their brain, body, and behavior – effects that can last a lifetime.

While this talk focuses on young people, the strategies for building confidence and empowering decision-making are applicable to people with I/DD of all ages.

This talk will discuss the three foundational frameworks that prepare us to develop the capabilities of young people to thrive through good and difficult times: positive youth development, resilience, and trauma-sensitive care.

It will offer ways to apply the principles of trauma-sensitive practice in our work with a focus on the power of well-boundaried human connection in healing, the imperative of restoring a sense of control back to people who have been traumatized, and the type of open, trusting, strength-based communication that positions us to reach young people. All youth possess strengths, and their behavior is changed only when those strengths are recognized and built upon.



**Dr. Ken Ginsburg** practices Adolescent Medicine at The Child's Hospital of Philadelphia and is a Professor of Pediatrics at the University of Pennsylvania School of Medicine. He directs Health Services at Covenant House Pennsylvania, where he serves Philadelphia's youth enduring homelessness. He is the Founding Director of The Center for Parent and Teen Communications which works with key influencers to empower parents with the strategies and skill sets that will strengthen their family connections and position them to guide their teens to become their best selves. It works to shift the cultural narrative about adolescence from being a time to survive to one in which development is to be optimized and celebrated. His books include, "Building Resilience in Children and Teens: Giving Kids Roots and Wings;" "Congrats- You're Having a Teen!: Strengthen Your Family and Raise a Good Person;" and "Lighthouse Parenting: Raising your Child with Loving Guidance for an Enduring Bond." All these works are published by The American Academy of Pediatrics.

We are very excited to welcome Ken to the HCQU for this exciting webinar.

To register for this **free** event, go to <http://northwesthcqu.learnupon.com>.