

Fall Syllabus 2020

SEPTEMBER



Undoing Miseducation: The Brandon Fleming Story (w/ Brandon Fleming) (WEBINAR) — 1 hour

In this presentation, Fleming shares his riveting journey from being an at-risk youth and college dropout to becoming an award-winning Harvard educator. Fleming reveals the lessons and tools that he uses to transform underprivileged youth into global champions and Ivy League scholars. Among the many topics addressed are best practices in pedagogy, classroom management, climate & culture, administration, socio-emotional intelligence, and much more.

September 1 Noon — 1 p.m. [Click here to enroll.](#)



Depression (WEBINAR) — 1 hour

The goal of this webinar is to inform participants about depression—what it is, who it affects, and how to support a person with this illness. By being equipped with a stronger understanding about depression, participants will be able to better support people with this diagnosis.

[Click here to choose a date and time.](#)

September 3 1 p.m. — 2 p.m. September 16 11 a.m. — Noon



Diabetic/Insulin Recertification Class (WEBINAR) — 2 hours

Has your Diabetic/Insulin certification expired or nearing expiration? If so, then you will want to take this interactive, recertification webinar. During this webinar participants will gain knowledge of the diabetes disease process, complications that occur with diabetes, and AADE7tm (American Association of Diabetic Educators) management. In addition, this webinar will have instruction from a Certified Diabetic Educator (CDE) on insulin injections. Participants will gain valuable knowledge and tools to assist someone with diabetes including: importance of prevention of hyperglycemia (high blood sugar), skin and foot care, lifestyle changes, and potential complications of poorly managed diabetes. This webinar discusses medication lifestyle approaches that assist in attempting to prevent hyperglycemia and the importance for following physician orders/recommendations. Treatment and signs and symptoms of low blood sugar and the American Diabetic Association's preferred treatment are also discussed.

*****This webinar is scheduled for 2 hours; however, it may take less time depending on the interaction between instructor and attendees. This class is limited to 4 participants. There are prerequisites for this class that must be completed prior to taking the webinar.*****

September 3 10 a.m. — Noon [Click here to enroll.](#) September 17 1 p.m. — 3 p.m. [Click here to enroll.](#)

Fall Syllabus 2020

SEPTEMBER



Down Syndrome and the Changes Faced with Aging (WEBINAR) — 1 hour

People with Down syndrome are now living longer than ever before. Along with increased life expectancy, comes a number of health concerns and changes that can impact the quality of those later years. Join us for this webinar as we explore those health concerns. We will also discuss ways to best support individuals with Down syndrome experiencing these changes to ensure that they continue to shine on in their golden years.

[Click here to choose a date and time.](#)

September 8 2 p.m. — 3 p.m. September 24 9 a.m. — 10 a.m.



Interviewing Individuals with Disabilities (w/ Staci Whitney, LMSW) (WEBINAR) — 6 hours

This 6 hour webinar will be broken up over two days into 3 hour sessions. It is intended for professionals seeking to advance their skills in communicating with individuals with disabilities. Participants will learn more about the history of disabilities, overcoming biases and how to make appropriate interview accommodations for individuals with disabilities through case examples, statistics, best practices, and video examples. This training is founded in basic forensic interviewing techniques that are reliable, legally defensible, effective, and accommodating for individuals who are alleged victims of abuse or neglect. ****You must attend both days in order to receive credit.****

September 9 & 10 9 a.m. — Noon [Click here to enroll.](#)



Caring for Adults with Down Syndrome: A Medical Perspective (w/ Dr. Bulova) (WEBINAR) — 1.5 hours

This webinar will be an update on the medical issues we see at the Adult Down Syndrome Center of Western Pennsylvania. It will include recommendations for maintaining health as well as case studies of several common conditions we see. Current issues such as COVID-19 and adults with Down Syndrome will also be discussed.

September 30 1 p.m. — 2:30 p.m. [Click here to enroll.](#)

Fall Syllabus 2020

OCTOBER



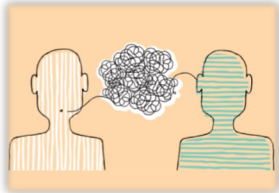
Diabetic/Insulin Recertification Class (WEBINAR) — 2 hours

Has your Diabetic/Insulin certification expired or nearing expiration? If so, then you will want to take this interactive, recertification webinar. During this webinar participants will gain knowledge of the diabetes disease process, complications that occur with diabetes, and AADE7™ (American Association of Diabetic Educators) management. In addition, this webinar will have instruction from a Certified Diabetic Educator (CDE) on insulin injections. Participants will gain valuable knowledge and tools to assist someone with diabetes including: importance of prevention of hyperglycemia (high blood sugar), skin and foot care, lifestyle changes, and potential complications of poorly managed diabetes. This webinar discusses medication lifestyle approaches that assist in attempting to prevent hyperglycemia and the importance for following physician orders/recommendations. Treatment and signs and symptoms of low blood sugar and the American Diabetic Association's preferred treatment are also discussed.

*****This webinar is scheduled for 2 hours; however, it may take less time depending on the interaction between instructor and attendees. This class is limited to 4 participants. There are prerequisites for this class that must be completed prior to taking the webinar.*****

October 1 10 a.m. — Noon [Click here to enroll.](#)

October 15 1 p.m. — 3 p.m. [Click here to enroll.](#)



Communicating Effectively (WEBINAR) — 0.75 hours

Communicating effectively in the workplace builds strong team relationships, empowers healthy manager and employee relationships, and helps the organization advance toward its goals. Participants will practice methods of communication to improve their interaction with their co-workers, managers, and most importantly those they support with intellectual disability.

[Click here to choose a date and time.](#)

October 6 9 a.m. — 9:45 a.m.

October 22 3 p.m. — 3:45 p.m.



Practical Suggestions for Supporting Individuals with Blindness and Low Vision (w/ Casandra Falkenhagen) (WEBINAR) — 1.5 hours

This presentation will provide participants with practical suggestions on how you can support someone with blindness or low vision. The presentation will include: a brief explanation of different types of vision loss to help you understand what the individual sees, a description of vision related services that are available in the community, and a description of both low tech and high tech adaptive aids available to help people see better and function more independently.

October 8 1 p.m. — 2:30 p.m. [Click here to enroll.](#)

Fall Syllabus 2020

OCTOBER



Rule Out Medical Concerns: Looking Beyond the Behavior (WEBINAR) — 1 hour

Through this webinar participants will explore the importance of ruling out medical issues when a new “behavior” or change in “behavior” has been noted. Participants will discuss several common medical issues that may be demonstrated behaviorally.

[Click here to choose a date and time.](#)

October 15 10 a.m. — 11 a.m. October 28 1 p.m. — 2 p.m.



Creating a 21st Century Workforce: Reinventing the Direct Support Profession (w/ Joseph M. Macbeth) (WEBINAR) — 1.5 hours

As advocates, families, providers, and policy makers find themselves at a critical point in shifting support models for people with disabilities toward individual autonomy and self-direction, this keynote offers a chance to reflect on how the strength of advocacy led the community living movement over the past 40 years. We will also reflect on the changes coming to our system that are driven by funders, families, and people with disabilities and how service organizations must implement continuous quality improvement practices in their approaches to empowering people to lead self-directed lives. This session will also address some of the issues that direct support professionals across North America are telling NADSP about their work, what they need to be successful, and offer suggestions that promote the notion that “Quality is defined at the point of interaction” and how NADSP envisions that direct support professionals should walk side-by-side with those they support toward a life of freedom, dignity, and choice. Macbeth will share some stories from the road, and some “uncomfortable truths” to make you consider things a little differently about the work of direct support professionals.

October 20 1 p.m. — 2:30 p.m. [Click here to enroll.](#)



“The Power of One:” How to Amplify Your Gifts to Shift Limited Perspectives, Become the Catalyst that Drives Change and Maximizes Impact (w/ Brandon Farbstein) (WEBINAR) — 1 hour

Get ready to transform your outlook and watch the world around you shift one person at a time. Not only do we have the ability to induce change but, it’s our obligation to take immediate action. The Power of One gives everyone the tools to expand their gifts to create a life overflowing with potential. In this presentation, Brandon shows you how to improve and foster a greater sense of happiness for oneself and others, increase resiliency during everyday life stressors by understanding and prioritizing the bigger picture, and become a change maker by applying universal tools to help you lead a purpose-driven life.

October 27 1 p.m. — 2 p.m. [Click here to enroll.](#)

Fall Syllabus 2020

NOVEMBER



Health Risk of Immobility: Take the Pressure Off (WEBINAR) — 0.5 hour

Anyone who has limited mobility of any type is at risk of complications. Limited mobility can cause both physical and psychological complications. This webinar discusses what limited mobility hazards can occur and also provides education on keen observation and proactive strategies. During this webinar common medical and psychological complications are discussed and tools are given to assist in prevention of complications.

[Click here to choose a date and time.](#)

November 4 9 a.m. — 9:30 a.m. November 17 2 p.m. — 2:30 p.m.



Diabetic/Insulin Recertification Class (WEBINAR) — 2 hours

Has your Diabetic/Insulin certification expired or nearing expiration? If so, then you will want to take this interactive, recertification webinar. During this webinar participants will gain knowledge of the diabetes disease process, complications that occur with diabetes, and AADE7tm (American Association of Diabetic Educators) management. In addition, this webinar will have instruction from a Certified Diabetic Educator (CDE) on insulin injections. Participants will gain valuable knowledge and tools to assist someone with diabetes including: importance of prevention of hyperglycemia (high blood sugar), skin and foot care, lifestyle changes, and potential complications of poorly managed diabetes. This webinar discusses medication lifestyle approaches that assist in attempting to prevent hyperglycemia and the importance for following physician orders/recommendations. Treatment and signs and symptoms of low blood sugar and the American Diabetic Association's preferred treatment are also discussed.

*****This webinar is scheduled for 2 hours; however, it may take less time depending on the interaction between instructor and attendees. This class is limited to 4 participants. There are prerequisites for this class that must be completed prior to taking the webinar.*****

November 5 10 a.m. — Noon [Click here to enroll.](#) November 19 1 p.m. — 3 p.m. [Click here to enroll.](#)



Psychotropic Polypharmacy (WEBINAR) — 1 hour

This course will define psychotropic polypharmacy. Participants will learn about the risks associated with psychotropic polypharmacy. Discussion will involve risks associated directly to the Fatal 4, metabolic syndrome, and extrapyramidal symptoms, such as tardive dyskinesia. Participants will learn how polypharmacy happens and what they can do to prevent or reduce it.

[Click here to choose a date and time.](#)

November 12 1 p.m. — 2 p.m. November 25 9 a.m. — 10 a.m.

Fall Syllabus 2020

NOVEMBER



Guardianship: Getting Your Questions Answered (w/ Dr. Sarah Stockey) (WEBINAR) — 1.5 hours

Do you have questions about Guardianship? Join Dr. Sarah Stockey, Guardian, as she answers your questions. Please submit questions to “[Ask the HCQU](#)” by October, 30, 2020.

November 13 1 p.m. — 2:30 p.m. [Click here to enroll.](#)



De-escalating A Crisis: An Essential Skill (w/ Bob Krome) (WEBINAR) — 1.5 hours

This training focuses on many factors related to providing assistance and utilizing essential skills in helping individuals de-escalate from a crisis situation. All human beings have at one time or another made a choice while thinking with their emotions. When these emotions are negative emotions, this may often lead to a crisis situation. Defining a crisis situation and being able to recognize a crisis before, during, and after will be an imperative skill for persons working in the human services field. The facilitator will utilize a perspective closely related to behavioral supports within the field of working with individuals with intellectual/developmental disabilities, as well as mental health issues (dual diagnosis). The training will hone in on antecedent, behavioral, and consequence strategies, on potential causes of crises, and much more.

November 20 3 p.m. — 4:30 p.m. [Click here to enroll.](#)