



**PROGRAMS AT 716 WOOD ST., WILKINSBURG:**

**Mondays, 1:30 - 2:30 p.m.:** Singing & Poetry Group.

**Mondays, 3 - 4 p.m.:** Peer to Peer Recovery for Franklin Community Residential Rehabilitation residents.

**Wednesdays, 10 – 11 a.m.:** Health Management Strategies for Recovery.

**Wednesdays, 1 – 2 p.m.:** Wellness Toolbox (Based on the eight dimensions of wellness).

**Fridays, 12:30 – 1:30 p.m.:** Reduce Your Habit, Reduce Your Tobacco Use.



**PROGRAMS AT 611 SOUTH AVE., WILKINSBURG (Chain of Hope):**

**Tuesdays, 11 a.m. – Noon: 3 - 4 p.m.:** Peer to Peer Recovery Group

